

THANKSGIVINGTHANKS

November 15, 2020 by Ryan Kingsman

Today's Passage: Joshua 3 & 4, Psalm 103

JOSHUA 4:6-7

*6 In the future, when your children ask you, 'What do these stones mean?' 7 tell them that the flow of the Jordan was cut off before the ark of the covenant of the Lord. When it crossed the Jordan, the waters of the Jordan were cut off. **These stones are to be a memorial to the people of Israel forever.***

Thanksgiving is:

1. An intimate act of worship
2. A testimony
3. A call to action

Gratitude Strengthens our body and mind:

"In positive psychology research, gratitude is strongly and consistently associated with greater happiness. Gratitude helps people feel more positive emotions, relish good experiences, improve their health, deal with adversity, and build stronger relationships." – Harvard School of Medicine

Gratitude Strengthens our soul:

1. It is an act of obedience and humility before God
 - 1 Thessalonians 5:16-18
2. It reinforces our hope in God
 - Philippians 4:6
3. It grows our faith and power
 - 1 Peter 1:6-9
4. It reveals the wonder and authority of Jesus
 - John 16:33

PSALM 103:1-2

Let all that I am praise the Lord; with my whole heart, I will praise his holy name. Let all that I am praise the Lord; may I never forget the good things he does for me.

STATEMENTS IN PSALM 103 THAT STAND OUT TO YOU:

2. Thanksgiving Actions for this week/month:

1. Identify the love of God and his faithfulness in our lives
&
2. Set up a personal memorial