

Psalm 37 & 73-Staying healthy in the battle

July 19th, 2020 by Kasey Crawford

Today's Passages: Psalm 37 & 73

There is an underlying assumption in the Psalm which is that we were born into a spiritual _____ between good and evil.

David and the other writers of the psalms are writing from the middle of battle. It's a letter from the front lines of war.

How do we keep our hearts healthy in the midst of battling against evil?

3 truths to focus on:

1. *In the big picture, God _____.*

Fret not yourself because of evildoers; be not envious of wrongdoers!

² For they will soon fade like the grass and wither like the green herb.

Psalm 37:1-2

Truly you set them in slippery places; you make them fall to ruin...

Psalm 73:18

2. *Seek to be with God in the _____ of the battle.*

This is also what we saw in Psalm 23. It's counter-intuitive but it's a big secret to success in life.

But for me it is good to be near God; I have made the Lord GOD my refuge, that I may tell of all your works Psalm 73:28

Delight yourself in the LORD, and he will give you the desires of your heart. Psalm 37:4

3. *You do your _____, Let God do God's.*

It sounds easy enough but one of the most frequent sources of _____ in life is when we try to carry a load that is meant for God.

Be still before the LORD and wait patiently for him; fret not yourself over the one who prospers in his way, over the man who carries out evil devices! Psalm 37:7

One thing the Psalm needs to clarify apparently; _____ is not your job.

Fretting means you are actually _____ to do God's job.

When you try to do God's part, it puts you in a bad place and you won't be effective.

Refrain from anger, and forsake wrath! Fret not yourself; it tends only to evil. Psalm 37:8

_____ it all out is not your job either...

But when I thought how to understand this, it seemed to me a wearisome task, Psalm 73:16

Responding to God...

Are there areas of life that you are trying to do God's job? What do you think he wants to say to you about that?

What fruit is produced when you try to figure out life's challenges without "going into the sanctuary? (73:17)" Can you find freedom in knowing you aren't supposed to understand it all on your own?

Answers: war, always wins, midst, part, stress, fretting, trying, figuring