

The Battle for Your Mind

June 14th, 2020 by Kasey Crawford

Today's Passages: Psalm 1:1-6, Col 2:8, 3:2, 2 Cor 10:5

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. Psalm 1:1-3

This Psalm opens all of the songs with a simple message:

There is a battle for your mind; where you _____ to put the meditation of your thoughts will have a dramatic effect on the fruit and outcome of your life.

Meditate simply means to occupy our thoughts, to fill our thoughts, to _____ on ideas.

Meditation is not a matter of "if", it is simply a matter of "on what?"

When we are anxious and stressed we are meditating on the problem. When we are hope-filled and peaceful we are meditating on the promises.

Only you have the responsibility of where you choose to put your meditation.

Set your minds on things that are above, not on things that are on earth. Colossians 3:2

This is crucial because The battle for your mind is all around us.

There is the counsel of the wicked, the way of the sinners, the seat of scoffers (Psalm 1:1)...There is an opposing message that comes your way to steal, kill and destroy, starting with your _____!

See to it that no one takes you captive by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the world, and not according to Christ. Colossians 2:8

There are dark forces that want to control your thoughts.

That is a hard pill to swallow but it actually shouldn't be a surprise to us since Jesus calls Satan the father of _____ (John 8:44) and therefore one of the primary components of the spiritual battle that is raging all around us is for our thoughts: are we believing God's truth or the enemies lies?

That is why God's word says:

take every thought captive to obey Christ... 2 Corinthians 10:5

You have the responsibility to treat your thoughts like you would an _____ in a war. Take them captive.

Part of our privilege and responsibility as followers of Christ is to recognize that dark forces desire to sway our thoughts toward lies of the enemy and therefore we must be vigilant to see those attacks coming our way and to have an aggressiveness in which we take our thoughts captive _____ and only allow the meditation of our thoughts to be on the truth and hope of his Kingdom.

How do we know where we are putting our meditations? Check the ___!
Blessed is the man...he is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither...Psalm 1:1,3

Responding to God...

Is there an adjustment to where you are "meditating" that will bear better Kingdom fruit in your life?

Answers: choose, chew, thoughts, lies, enemy, for Christ, fruit